

City of University City

Report on Seniors and Youth

Submitted by the Mayor's Task Force on Seniors and Youth



April 2012

Acknowledgements

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Introduction

The Honorable Mayor, Shelley Welsch, established this Task Force in October, 2010, in an effort to insure that the City of University City is focusing enough energy, attention and funding on two important constituent populations in our community—seniors and youth. The Task Force conducted a city-wide survey to assess the needs of both groups. This report includes summaries of the survey findings along with recommendations for corrective change. Seniors are living longer than ever, and youth want to live fuller and better lives. As the Task Force on Seniors and Youth, we hope that we have helped to create an environment within University City that supports both seniors and youth in accessing the resources needed to attain optimal physical, emotional, social, intellectual, and spiritual health.

Charged by the Mayor of University City, we were given the task of communicating with local seniors and youth residents about their opinions of University City. The official charge can be found as Appendix A at the conclusion of this document. As a Task Force, we decided that the most effective way to reach the largest population of respondents would be through a survey, both in print and online. In order to do this, we worked closely with University City Administrative Staff and community members to put together a comprehensive survey including questions about housing, transportation, accessibility, services, shopping, social/cultural aspects, and individuals' opinions of value. The survey form was adapted from the AARP Community Audit of Westchester County, NY, developed by Michael E. O'Neal and William Stoner. What follows is a summary of those results as well as information about how the surveys were carried out. Additional documentation may be found in the appendices of this report.

Community Involvement

As the Task Force on Seniors and Youth, part of what makes us so workable is our capacity to be with the public because we are the public. Seniors live next door and teens are just down the block. We live and breathe these concerns every day, and we may even participate in the programs provided by the city. As active citizens, we can relate to the comments of our fellow citizens and help shed light on any problems in the area as we experience them as well. In doing so, we knew it was important to gain feedback at each stage of the process.

In order to guarantee citizen involvement in the first step, several meetings were held where University City residents and non-residents were invited to come and give input about seniors' and teens' concerns and programs. Input from these meetings was included in forming the surveys.

A. Demographics

University City is a fully-developed suburb of the City of St. Louis. It was incorporated on September 4, 1906 with a population of almost 2,000 residents. At the most recent census in 2010 University City had a total population of 35,371 people of which 4,659 were age 65 or older and 5,817 were age 0 to 19 years. The seniors represented 13.2 % and the youth (0 to 19 years) 16.4 % of the total population. A decade earlier, at the year 2000 Census, University City had a total population of 37,480 (4,987 or 13.3 % seniors and 8,998 or 24 % youth). There was a significant loss of population between 2000 and 2010, 2,057 persons or 5.5% of the year 2000 total. The proportion of seniors was relatively unchanged while

the youth population decreased significantly. Young people in University City, ages 10 through 19, decreased by 25.2% from 4,694 in 2000 to 3,511 in 2010. This number represents 9.92% of the total population.

There are a number of possible causes for the total decrease and the proportionally higher decrease in the youth population. The Baby Boom wave born starting in the late 1940's is reaching retirement age. More of them have become empty nesters as their children move on to college and/or establish their own households. The recession which began in 2007 has resulted in foreclosures and related population loss. The birth rate continues to decline, marriage and childbearing are being delayed and senior mortality results in more single-person households.

In today's world the use of technology is ever changing and growing rapidly. It can be difficult to keep up with the latest and greatest even for someone who works in the field. However, for those who are not as in touch the task can be even more challenging. Today's seniors are missing out on technology as convenient as being in the palm of one's hand. Maybe one can blame it on apathy, or unwillingness to change, maybe it can be attributed to lack of funds, or lack of access. Regardless of the reason, a severe digital divide exists between generations, and if we do not recognize and possibly address the problem, vital information will be lost. This may also apply to younger adults who lack access to technology.

In this survey alone, the Task Force recognizes that the reason senior responses were significantly lower than youth responses was due to the fact that youth had access to the survey in the schools and at home via the internet. This was a luxury not afforded to all senior residents. Had this been the case, response numbers would have been much higher, and results could have possibly been different. It is recognized as a flaw in this survey that equal access is not available to all, that some seniors are homebound, and that this survey did not go out in the mail. Had the funds been secured prior to survey distribution, it would have been ideal to send this survey out to every senior resident of University City with a self-addressed stamped envelope for its return to City Hall. That was not the case.

B. Senior and Youth Survey Distribution

Both the Senior and Youth Surveys, which were available from May to October, were distributed in a variety of locations to guarantee a balanced sampling. Locations included:

- Centennial Commons
- University City Public Library
- McNair Administration Building
- University City Administrative Staff
- University City Senior Center
- Crown Center for Senior Living
- The Brentmoor
- Parkview Place
- The Gatesworth
- Bible Way Baptist Church
- Mt. Gideon Missionary Baptist Church
- Baptist Church of the Holy Communion
- Canvassing door to door
 - University Forest and Barbara Jordan areas
- City Of Life Christian Church
- Epworth Children & Family Services
- Agudas Israel
- U City Shul
- Chabad
- Bais Abraham
- St. Louis Kolloid
- Shaare Zedek
- Young Israel
- Fair U-City
- University City High School
- Brittany Woods Middle School

- Online via the University City Website (www.Ucitymo.org, www.SurveyMonkey.com, www.ucityschools.org)

C. Youth Survey Incentives

As a way to encourage more youth to complete the survey, the Task Force decided to offer three incentive gifts to be awarded by a drawing. The gifts were an iPad, an iPod and two (\$10.00) gift certificates to Blueberry Hill in the Loop. It is believed that the gift incentive helped to motivate 509 young people to complete the survey. The names of the winning teens were drawn at the Martin Luther King Jr. Celebration on Saturday, January 14, 2012 at University City High School. The gifts were presented to the winners by Mayor Shelley Welsch at the University City Council Meeting at City Hall on January 23, 2012. The winners were: Second Runner-up, Marcus Harvey, 11th grade, University City High School, 2 (\$10.00) gift certificates to Blueberry Hill; First Runner-up, Cortese Mitchell, 11th grade, University City High School, an iPod donated by Abbie M. Carter, and the Grand Prize winner, Hernan Jacob Martinez, 10th grade, University City High School, an iPad donated by the City of University City.

D. Data Collected

There were six different categories in the “Is University City Teen Friendly?” survey. They were:

- Housing
- Education
- Health
- Work
- Social
- Values

There were eight similar categories in the “Is My Community Senior Friendly” survey. They were:

- | | |
|-------------------|-----------------|
| • Housing | • Work |
| • Shopping | • Transport |
| • Social/Cultural | • Accessibility |
| • Values | • Services |

The surveys used were consistent throughout the entire process. The youth survey consisted of 51 questions while the senior survey consisted of 54 questions. Each question had the option of 4 responses: Yes, No, or Undecided. Though each response played a role in the overall response, it also helped to determine the accuracy and importance of each answer. For example, if a number of people skipped a certain question, or answered undecided, we needed to take a second look at how the question was phrased and what people did not understand or felt did not apply to them. To read the surveys, please see Appendices B and C at the end of this document.

Youth Survey Results

The following results are derived from 509 youth surveys and 368 senior surveys obtained during the months of May 2011 through October 2011. Responses described as having an “affirmative majority” are those to which half or more of the respondents answered “yes” to that question.

Housing:

- Responses with affirmative majority:
 - Do you feel housing is safe? 91.5% Yes, 3.6% No, 5.0% Undecided

- Do you feel housing is near needed services? 54.1% Yes, 17.3% No, 28.6% Undecided
- Are families able to find safe housing? 55.4% Yes, 10.0% No, 34.6% Undecided
- Are there Gang turfs in University City? 60.1% Yes, 13.8% No, 26.1% Undecided
- Are there homeless teens in University City? 38.9% Yes, 17.3% No, 43.8% Undecided
- Are there homeless families in University City? 44.6% Yes, 13.5% No, 41.8% Undecided
- Is there transitional housing available for teens (18-21) living on their own? 47.6% Yes, 14.4% No, 38.0% Undecided

Education:

- Responses with affirmative majority:
 - Do you think the community should work together with teens to improve schools? 90.2% Yes, 4.9% No, 4.9% Undecided
 - Do you know teens who have dropped out of school? 63.0% Yes, 32.3% No, 4.7% Undecided
 - Do you believe teens are suspended from school a lot? 70.0% Yes, 11.0% No, 19.0% Undecided
 - Do teens use resources available to them through school to assist them in entering college or getting a job? 59.5% Yes, 16.7% No, 23.8% Undecided
 - Are there adequate tutoring services for teens? 61.6% Yes, 17.9% No, 20.5% Undecided
 - Do you know teens who are participating in mentoring services in University City? 52.8% Yes, 31.1% No, 16.2% Undecided
 - Are after-school opportunities available to University City teens? 76.5% Yes, 8.6% No, 14.8% Undecided
 - Are there educational opportunities available to University City teens during the summer? 62.8% Yes, 14.9% No, 22.5% Undecided
 - Do you know if a lot of teens in University City go on to college? 52.4% Yes, 21.3% No, 26.3% Undecided
- Do programs exist to help teens who have dropped out of been suspended? 48.7% Yes, 21.4% No, 29.9% Undecided
- Do you think that teens have a voice that is listened to when adults are making decisions affecting them? 30.8% Yes, 49.7% No, 19.6% Undecided
- Is financial aid available for teens who need to attend enrichment programs? 34.7% Yes, 15.9% No, 49.4% Undecided
- Do you think that teens want to focus on efforts to raise test scores? 43.5% Yes, 25.0% No, 31.5% Undecided

Health:

- Responses with affirmative majority:
 - Do you believe that teens have weight issues in University City? 57.5% Yes, 22.0% No, 20.5% Undecided
 - Are University City teens becoming pregnant a lot? 62.2% Yes, 12.0% No, 25.8% Undecided
 - Are a lot of University City teens smoking? 68.9% Yes, 8.5% No, 22.6% Undecided
 - Are a lot of University City teens using drugs? 60.3% Yes, 10.3% No, 29.4% Undecided
 - Are there teens who are receiving or need free or reduced price lunches in University City? 76.3% Yes, 7.3% No, 16.4% Undecided
 - Are there teens who are hungry in the community? 54.8% Yes, 10.8% No, 34.4% Undecided
- Do you think University City teens are concerned about their health? 49.2% Yes, 34.0% No, 16.9% Undecided

- Does University City provide programming to encourage a healthy lifestyle among teens? 41.4% Yes, 33.3% No, 25.3% Undecided
- Are there any programs to discourage smoking and other unhealthy lifestyle choices? 44.1% Yes, 29.6% No, 26.3% Undecided
- Is there a city-wide effort to encourage University City teens to exercise? 29.6% Yes, 36.6% No, 33.7% Undecided
- Do teens in University City exercise regularly? 27.1% Yes, 35.7% No, 37.2% Undecided
- Is healthy, nutritious food available for teens who need it? 47.2% Yes, 26.3% No, 26.5% Undecided
- Are there places in University City where teens can seek and receive medical treatment? 49.7% Yes, 19.5% No, 30.8% Undecided

Work:

- Responses with affirmative majority:
 - Are University City teens encouraged to volunteer in the community? 57.9% Yes, 18.7% No, 23.4% Undecided
- Are there sufficient employment opportunities in University City for teens? 39.9% Yes, 34.0% No, 26.1% Undecided
- Do training programs exist to help teens prepare for the job market? 41.2% Yes, 32.0% No, 26.8% Undecided
- Are there agencies\organizations to help teens find jobs? 39.3% Yes, 31.0% No, 29.7% Undecided
- Are local businesses encouraged to hire University City teens? 32.0% Yes, 34.6% No, 33.4% Undecided

Social:

- Responses with affirmative majority:
 - Are there places for teens to socialize in the community? 70.5% Yes, 21.0% No, 8.5% Undecided
 - Do you think the Delmar Loop is a good place for teens to hang out? 71.2% Yes, 16.8% No, 12.0% Undecided
 - Are teens from outside of University City causing most of the problems in the Delmar Loop? 57.1% Yes, 17.4% No, 25.5% Undecided
 - Do teens from public and private schools hang out together? 60.7% Yes, 13.5% No, 25.9% Undecided
 - Do University City teens from various backgrounds get together? 66.0% Yes, 11.9% No, 22.0% Undecided
 - Is there sufficient programming/support for teens with special needs? 52.3% Yes, 15.4% No, 32.3% Undecided
 - Do you think that teens enjoy living in University City over other parts of the St. Louis area? 50.6% Yes, 19.9% No, 29.5% Undecided
 - Are teens with special needs welcomed by other teens in University City? 52.2% Yes, 16.9% No, 30.9% Undecided
- Should the curfew for the Delmar Loop be changed from 9 pm to 6 pm? 14.7% Yes, 75.1% No, 10.2% Undecided
- Do University City teens interact with senior citizens? 33.3% Yes, 26.8% No, 39.9% Undecided
- Do teens feel welcome in University City businesses? 37.7% Yes, 28.1% No, 34.2% Undecided

Values:

- Are University City teens treated with respect by residents and city staff? 37.8% Yes, 32.9% No, 29.4% Undecided
- Are teens seen as assets in University City? 34.6% Yes, 24.8% No, 40.6% Undecided

Graphs representing the above responses can be found in Appendix D at the end of this document.

Recommendations for Youth

Develop a University City Commission on Youth issues to assure follow-up on the recommendations of the Task Force and oversee potential development of new initiatives for the teen population in conjunction with the community at large.

Recommendation Topic: Neighborhoods/Housing

To the survey question “Are there gang turfs in University City?” 60.1 % responded yes.

Create a separate Task Force on gang prevention to address the issues of gangs in University City. The mission of the task force is to look to preventive measures to best prevent gang violence in the community. Partners in gang intervention often include, but are not limited to, law enforcement, courts, probation offices, social services, employment services, schools, community groups, faith-based groups, etc. Additional efforts should include:

- Investigate gang prevention programs suitable for the University City area. Superior gang prevention efforts blend effective support systems with attractive alternatives to gangs and target these services to adolescents who are most at risk for gang involvement.
- Work with the Family Courts of St. Louis County Mentor Program to start an University City Site and to create a Restorative Justice Program for gang-affiliated youth of University City youth (court ordered or not).
- Create service learning projects targeted to increase positive alternatives to gang involvement. Gang turfs limit youths’ ability to navigate the University City community to participant in youth-related events. If the youth-related venue is not located within the turf where a youth lives, he or she, gang-affiliated or not, may be reluctant to attend out of fear.
- Investigate gang-prevention grants available such as community-based gang Intervention grants available through the Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention, Department of Justice. Work with partnering agencies that have knowledge of grant availability in this area and that can serve as partners.

Recommendation Topic: Education

Do you know teens in University City who have dropped out of school? 63.0%

Do you think the community should work together with teens to improve schools? 90.2%

Are after-school educational opportunities available to University City teens? 76.5%

- The Task Force recommends that these three questions should be addressed by the parents, the School District, and the City cooperatively.

Recommendation Topic: Health

Do you believe that teens have weight issues in University City? 57.5% responded yes

Are University City teens becoming pregnant a lot? 62.2% responded yes

Are a lot of University City teens smoking? 68.9% responded yes

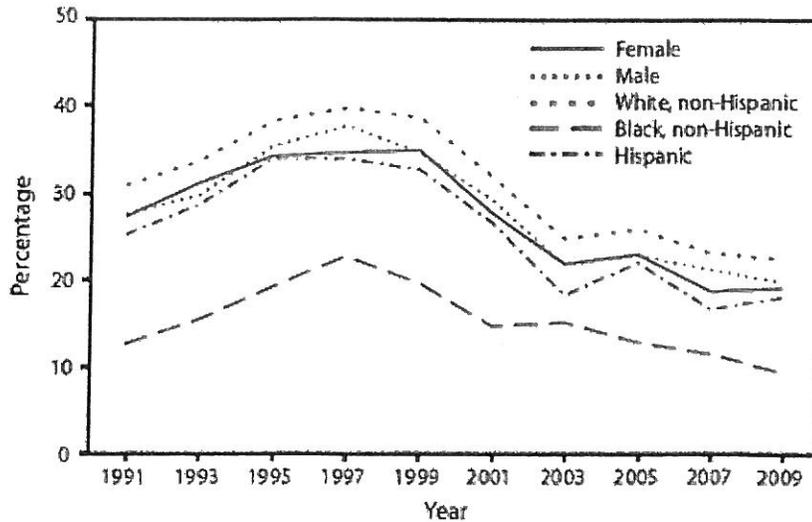
Are a lot of University City teens using drugs? 60.3% responded yes

Create a City-wide effort to form a healthy community among youth of University City.

Recommendations to include the following:

- Create a "Move University City Move Campaign". City government, along with community agencies concerned about the health of young people, would partner with an area health provider to create activities that would help youth stay active and learn to live healthy lifestyles. The first phase of this effort would consist of working with area community health providers to gather statistics on the health of youth in University City and St. Louis County. The Move Campaign should share this data with the community to start the courageous conversation about how to assist youth in becoming healthier.
- Create community gardens. Perhaps work with the Green Center to identify grants. Look to other communities that have community gardens; i.e. North St. Louis City has a community garden, as well as, a community grocery store. Possibly work with the Delmar Loop Market to create a community garden and sell products in the Market.
- Work with area health-care providers to determine the best course of action to reduce teen pregnancy rates in University City. Develop the message of building healthy relationships for area youth to ensure better life choices. One teen submitted this comment on this subject, "I have an idea for the Pregnancy. Instead of telling kids to either chose to be abstinent, or passing out condoms. Why aren't teens taught to find something more out of a relationship without sex. In the Netherlands instead of teaching safe sex, or telling them to wait, they teach them how to be with one another. It teaches them how to be adults about the situation."
- Create a youth anti-smoking community in University City as an additional way in which the City can encourage healthy living among the area youth. Share data on statistics on the number of teens that are smoking in St. Louis County (University City) to show the need for a community-wide effort to stop youth from smoking. The Chart below shows the high percentages of high school students nation-wide who smoke.
- Create a community-wide Anti-Drug Campaign within University City. The campaign could be a part of the healthy-choices campaign in which the city would work with area health providers. It could focus on sharing with young people the effects that drugs have on their daily development, everyday life and health issues that can result. Young people could be asked to take a pledge not to use drugs and their pledges could be posted all over the city.

FIGURE 2. Percentage of high school students who were current cigarette users,* by sex and race/ethnicity — Youth Risk Behavior Survey, United States, 1991–2009



* Smoked cigarettes on at least 1 day during the 30 days before the survey.

Recommendation Topic: Work

Are there sufficient employment opportunities in University City for teens? 39.9% Yes, 34.0% No, 26.1% Undecided

Do training programs exist to help teens prepare for the job market? 41.2 Yes, 32.0% No, 26.8% Undecided

Organize a University City based program to train and monitor youth to do handyman work for seniors. For example, trim grass, rake leaves, clean gutters, wash windows and painting.

Recommendation Topic: Social

Through the survey process it was discovered that University City has a lot of youth-friendly activities available to youth. However, knowledge of these activities are not shared with the community at large. Individuals in the community sometimes lack the knowledge that they exist or how to access them on a fixed income. To this end the Youth Task Force would like to recommend that the following be created by the Commission on Youth:

- Develop a consortium of youth-provider services that are available here in University City and the St. Louis Metropolitan Region. It would serve as one-stop shopping site for residents to gain access to youth services and activities available. One way to begin this process would be to develop a website, asking all service agencies in the area to submit data about the services they provide and how to access them. Another valuable community resource is the Youth at Risk Network. The Network’s purpose is to communicate with young people who need free assistance available from local agencies. The ULI is www.youthatrisknetwork.org.

- County Youth Programs, a division of the St. Louis County Department Human Services, provides some services for youth ages 16 to 24 (See Appendix F).
- Work with Regional Art Commission on their Community Arts Training (CAT) Institute that could serve as a model for positive youth involvement.

In order to proceed with the recommendations and put these initiatives into action, the Task Force recommends that the University City Council budget a total of \$15,000 for both groups, youth and seniors, to be used for emergency responses, matching funds for grants and other start-up activities. The Task Force recommends that the recommendations be referred to the proposed Commission on Youth. Clearly, it will take all of the stakeholders to find solutions to these problems--parents, youth, school staff and elected leadership. We have been briefed on the Mayor's effort to create a Regional Initiative on Youth and have included her October 4, 2011 memorandum explaining the status of this initiative, an October 26, 2010 update, a January 13, 2011 update and a September 28, 2011 memo from Brandon Drake on the Youth in the Loop Forum as Appendix G at the end of this report.

Senior Survey Results

The following results are derived from 368 senior surveys obtained during the months of May 2011 through October 2011. Responses described as having an "affirmative majority" are those to which half or more of the respondents answered "yes" to that question.

Housing:

- Responses with affirmative majority:
 - Is there a variety of affordable housing options available? 63.4% Yes, 10.9% No, 25.7% Undecided
 - Are assisted living facilities available? 53.1% Yes, 14.0% No, 32.9% Undecided
 - Are senior apartments available? 51.4% Yes, 12.9% No, 35.7% Undecided
- Is housing safe and close to needed service? 48.2% Yes, 17.3% No, 34.5% Undecided
- Are quality nursing homes available? 38.4% Yes, 18.5% No, 43.1% Undecided
- Can seniors get transportation whenever they want it? 41.2% Yes 25.9% No, 33.0% Undecided
- Is senior transportation affordable? 33.6% Yes, 15.3% No, 48.7% Undecided
- Is housing safe and close to needed services? 48.2% Yes, 17.3% No, 34.5% Undecided
- Are quality nursing homes available? 38.4% Yes, 18.5% No, 43.1%, Undecided

Transportation:

- Responses with affirmative majority:
 - Transportation to medical appointments? 56.8% Yes, 15.1% No, 28.1% Undecided
 - Handicapped accessibility for senior transportation? 52.1% Yes, 11.6% No, 36.3% Undecided
- Can seniors get transportation whenever they want it? 41.2% Yes, 25.9 No, 33.0% Undecided
- Is senior transportation affordable? 36.0% Yes, 15.3% No, 48.7% Undecided

Accessibility:

- Responses with affirmative majority:
 - Plenty of safe outdoor space? 67.7% Yes, 13.3% No, 19% Undecided
 - Enough places to sit down in public areas? 52.1% Yes, 26.9% No, 21.0% Undecided
 - Well marked streets and addresses? 65.7% Yes, 22.1% No, 12.2% Undecided
 - Wide and well maintained sidewalks? 57.5% Yes, 28.0% No, 14.4% Undecided
 - Curbs low and easily navigable? 60.3% Yes, 19.7% No, 20.0% Undecided
 - Enough parking close to stores and churches? 62.1% Yes, 18.2% No, 19.7% Undecided
 - Sufficient and well-placed handicapped parking? 60.1% Yes, 17.0% No, 22.9% Undecided
- Are stoplights timed to let seniors cross the street safely? 43.9% Yes, 28.6% No, and 27.5% Undecided

Services

- Responses with affirmative majority:
 - Enough group and home-delivered meals available? 57.2% Yes, 9.0% No, 33.8% Undecided
 - In-home nursing services available? 50.0% Yes, 9.5% No, 40.5% Undecided
- Are information/referral services available and easily found? 45% Yes, 22.8% No, 32.2% Undecided
- Is there a hospital or clinic in the community? 33.5% Yes, 43.8% No, 22.7% Undecided
- Are affordable chore and handyman services available? 35.1% Yes, 27.4% No, and 37.4% Undecided
- Are friendly visiting /phone call services available? 37.7% Yes, 15.4% No, and 47.0% Undecided
- Are information and training services available for caregivers? 32.0% Yes, 15.1% No, 52.9% Undecided
- Is there any access to information on financial assistance? 27.1% Yes, 19.0% No, 53.9% Undecided
- Caregiver respite services availability? 27.3% Yes, 14.5% No, 58% Undecided
- Are caregivers support groups available? 23.1% Yes, 12.6% No, 64.3% Undecided

Shopping:

- Responses with affirmative majority:
 - Accessible grocery stores nearby? 84.3% Yes, 7.7% No, 8.0% Undecided
 - Pharmacy nearby? 86.3% Yes, 6.3% No, 7.4% Undecided
 - Businesses are handicapped accessible? 60.6% Yes, 8.0% No, 31.4% Undecided
- Are businesses responsive to the needs of seniors? 42.0% Yes, 12.9% No, 45.1% Undecided
- Is there home delivery of groceries, toiletries & drugs available? 42.7% Yes, 17.7% No, 39.6% Undecided
- Are senior discounts available locally? 44.4% Yes, 16.0% No, 39.6% Undecided

Social/Cultural:

- Responses with affirmative majority:

- Affordable places for seniors to eat and socialize? 62.5% Yes, 15.3% No, 22.2% Undecided
- Affordable opportunities for education/lifelong learning for seniors? 53.0% Yes, 16.6% No, 30.4% Undecided
- Affordable cultural/social events? 59.7% Yes, 14.4% No, 25.9% Undecided
- Opportunities for exercise and recreation in a safe environment? 77.8% Yes, 8.1% No, 14.1% Undecided
- Faith communities available? 79.3% Yes, 7.5% No, 13.2% Undecided
- Active senior center? 60.9% Yes, 11.1% No, 28.0% Undecided
- Do people of different ages socialize with each other in the community? 45.5% Yes, 22.2% No, 32.3% Undecided
- Are there mentoring opportunities for seniors? 36.6% Yes, 14.7% No, 48.7% Undecided

Values:

- Responses with affirmative majority:
 - Seniors are treated with friendliness and respect? 68.9% Yes, 8.6% No, 22.6% Undecided
 - The community shows an appreciation for local history? 61.8% Yes, 12.4% No, 25.9% Undecided
 - There are opportunities for active civic involvement that are open to seniors? 59.1% Yes, 8.6% No, 32.3% Undecided
- Are seniors looked upon as assets in the community? 42.6% Yes, 20.0% No, 37.4% Undecided
- Are the people of the community educated about the needs and strengths of seniors? 29.9% Yes, 24.4% No, 45.7% Undecided

Work:

- Responses with affirmative majority:
 - Enough volunteer opportunities? 60.9% Yes, 12.3% No, 26.9% Undecided
- Are there appropriate job opportunities available for seniors? 12.6% Yes, 32.4% No, 55.0% Undecided

Graphs representing the above response can be found in Appendix E at the end of this document.

Senior Town Hall Meeting

In an effort to continually include the community in the process, a Town Hall Meeting was held on November 30, 2011 to gain input about the results of the survey. The results of the survey were displayed at University City Public Library and Centennial Commons. Hard copies of the results of the surveys were also available. The feedback at the Town Hall Meeting was as follows:

1) Services

Are information/referral services available and easily found?

- If resource books exist, they should be mailed/delivered to every home, rather than rely upon pick up by individuals
- Also, it is difficult to get answers easily
- Want information services hotline

Is there a hospital or clinic in the community?

- No urgent care
- No in-pharmacy

Are affordable chore and handyman services available?

- County Older Resident Program(CORP) – Not ideal, too much time required to secure services

Are group and home-delivered meals available?

- Limited awareness of Meals on Wheels

Are friendly visiting/phone services available?

- Don't know of anything like this available. Who offers? How does one access?

Are in-home nursing services available?

- Need to raise awareness

Are information and training services for caregivers available?

- Never heard of this. I am told Alzheimer's Association provides training

Is there any access to information on financial assistance?

- No

Are caregivers respite services available?

- Only through Mid-East Area Agency on Aging (MEAAA)

Are caregivers support groups available?

- Not specific to University City

2) Work

Are there appropriate job opportunities available for seniors?

- Somewhat

Are there volunteering opportunities for seniors?

- Red flag, no comment

Are there mentoring opportunities for seniors?

- We really need a newsletter

Recommendations for Seniors

Develop a University City Commission on senior issues to assure follow-up on the recommendations of the Task Force and oversee potential development of new initiatives for the senior community.

- Develop a multi-tiered approach towards educating the senior community on available resources and how to access them. The Task Force summary data determined that many resources are available and comprehensive resource guides exist. However, citizen comments voiced during the Town Hall meeting and the summary data suggest that many seniors are overwhelmed by:
 - the amount of information;
 - the process of navigating through all the information, resources and services;

- how to decide where to start on accessing the resources and services;
- how to determine and access what services are most suitable for their situation;
- becoming even more overwhelmed with the process of making numerous calls and organizing the information they obtain.
- Several suggested strategies to educate the community could include the following:
 - Simplify the community education outreach
 - Initiate with several small steps:
 - Develop a simple one-page education piece that lists basic resources; (about 8-10 years ago, the U. City SRT (Senior Resource Team) facilitator partnered with City Hall staff to develop a simple resource brochure, which was widely promoted to the U. City community);
 - Outline basic steps on how to start obtaining information (for example, Lutheran Senior Services, Elderlink St. Louis, County Older Resident Program (CORP), Mideast Area Agency on Aging (MEAAA), Naturally Occurring Retirement Community (NORC), etc. provide service to income-eligible seniors who are looking for resources);
 - Mail to senior residents as an inclusion with an established city-wide mailing to save costs: such as with the Recreation Guide or with the refuse bill. The survey summary data and Town Hall comments suggest that a high percentage of seniors prefer to receive information via mail;
 - Develop a page on the University City website devoted to basic senior resources/issues and links to other sites that can provide information;
 - Possibly develop an online “newspaper” on the site that contains timely information related to seniors (when the City had a newspaper, one of the pages was devoted to senior issues and had senior residents who provided the articles and content).
 - If the interest develops, a multi-tiered communication plan could be developed to reach the senior community:
 - distribute printed senior information through Meals on Wheels delivery;
 - develop a senior, caregiver, interested citizen email distribution list;
 - for those council members who have newsletters, ask if they would be willing to include senior information;
 - tap into neighborhoods that have newsletters;
 - tap into senior retirement/residence buildings contacts for information distribution;
 - tap into churches, other agencies and businesses (perhaps the newly reconstituted Chamber of Commerce) to help distribute or have informational newsletters available;
 - develop a volunteer corp (perhaps youth) staff in the course of daily business (inspectors, firefighters, police, refuse staff?) to distribute resource information or newsletters;

- it may be feasible to identify and narrow down seniors in University City who don't have email or don't get a neighborhood newsletter so that it might be possible to afford regular update resource mailings to a smaller number of residents who might not have any other way of getting information;
- Identify city staff or partner with a community agency to seek grant funding to augment geriatric care management services for residents. Most geriatric care management agencies can get reimbursement from Medicare to cover the cost of one home assessment visit. However, most families then have to pay for implementing the care plan or coordination of resources/supports. Since the agencies and geriatric care expertise already exist in the community, a better approach would be to have the grant funds applied to the geriatric care agency (or a partnership of several). The Town Hall participant comments suggested that it was difficult and overwhelming for some senior residents to manage and obtain information on services;
- Explore the possibility of hiring a full/part-time staff to serve as a "senior resource liaison or ombudsman" or as a volunteer position. Could start as a pilot program to determine if there is a real need, since there are senior resource information specialists with MEAAA, Elderlink, and Lutheran Senior Services. Seniors can currently call or go to the MEAAA Senior Center located at CenCom and get resource information. The large senior resource guides can be mailed to residents who cannot drive to the center. CORP used to have a part-time senior staff person located at the senior center, until funding from that agency was diminished. The City could explore the possibility of funding/grant for a CORP staff person to once again be located at the senior center. Consider a "neighbor helping neighbor program".
- Identify coordinator of the St. Louis NORC (Naturally Occurring Retirement Community) in Creve Coeur (a non-denominational project of the Jewish Federation) and explore the feasibility of expanding or replicating in U. City;
- Partner with the University City Senior Resource Team, which is a region-wide collaborative of professionals in the aging services field. It has been meeting monthly in University City for the past 12 years. This collaborative has provided monthly educational presentations to the community and sponsored the Senior Resource Expo at Centennial Commons the past four years. The SRT is currently looking for other strategies and new partnerships to expand educational efforts on senior resources and information in U. City for the community. One of the successful initiatives of the SRT in its early development was to connect agency representatives that were located in U. City (previously, the 'reputation' was that U. City was resource-rich, but unconnected).
- Explore additional transportation resources such as:

- Investigate the need to reestablish transportation and programming at Centennial Commons for seniors on Friday (now only Monday thru Thursday);
 - Church buses and adult day centers: explore the possibility, for those that have buses, if there might be a way to utilize;
 - Determine the 'state' of van(s) that have been parked behind Heman Park Community Center and if potentially usable;
 - Restart efforts to promote the CORP transportation resource and recruitment efforts for volunteer drivers (the City eliminated funding for transportation to senior residents, roughly \$86-100,000 for approximately 60 persons, through the U. City Senior Service Board; however, the City funded a CORP staff person for 6 months to promote a transition for using CORP drivers, to recruit volunteer drivers in the community—even allowing city staff time to volunteer, and promote the resource within the community);
 - CORP just recently updated a transportation resource list—that could be one of the information pieces made available for distribution;
 - Could explore other municipalities that still provide senior transportation to assess cost and feasibility of U.City establishing a transportation service again; or explore feasibility of subcontracting with or providing funding to an existing transportation service, which may cost less than the City starting up a transportation service.
- Explore options for identifying an existing handyman program or provide funding for development of a new service. Community Development may be an appropriate fit.
 - Research current models that are successful. Many seniors do not want to appear vulnerable, so caution is needed when pairing with a youth component.
 - Consider a multi-disciplinary approach that could possibly support the senior, who may have additional needs beyond minor handyman services, to help refer and navigate for other needed services.
 - A concern that surfaced during the Town Hall meeting was the lack of a clear understanding on code violations and how to respond. The City might consider more “senior friendly” approaches when communicating with seniors on how the process works and actually help them navigate through the process, rather than take just a “punitive” approach.
 - Explore the possibility of expanding recreation services to provide additional senior leisure activities, such as dances, and day trips. With the cuts to the recreation division, it is important to assess staff capacity and provide additional funding for needed staff to develop such programming. Could also partner with other municipalities such as Olivette.

In order to proceed with implementation of the senior and youth recommendations, the Task Force proposes that the University City Council budget a total of \$15,000 for both seniors and youth to facilitate and fast-start needed services and activities. At the discretion of the City Council these funds could be used for emergency responses, grant matching funds and start-up funding.

Appendices

Appendix A: Official Charge

Mayor's Charge to the Task Force on Seniors & Youth

October 4, 2010

In an effort to ensure that the City of University City is focusing enough energy, attention and funding on two important constituent groups in our community – elders and youth – a Mayor's Task Force on Seniors & Youth is being established.

This task force is being charged with doing the education and community outreach needed to determine:

- the assets that exist within the University City and the larger regional community (aka "asset inventory") for the benefit of accessible to University City seniors and youth; and
- the needs and desires of each group (aka "needs survey") that are currently not being met or fulfilled by existing assets available to them.

The work detailed above will be done in collaboration with the George Warren Brown School of Social Work at Washington University and the Department of Gerontology in the School of Social Work at the University of Missouri – St. Louis.

Following the completion of the asset inventory and the needs survey, the Task Force on Seniors & Youth is charged with developing a formal report for the City Council of University City, including a "gap analysis" that details which needs/desires are unmet within the community. This report should clarify what existing assets are underutilized, and suggest a plan to the Council on how to make these assets more well-known to the community. Finally, this Task Force should develop a list of recommendations for the City Council to consider as it moves forward, including recommendations on possible funding options for future work on issues raised by the task force.

The Task Force on Seniors & Youth will establish guidelines for its work schedule and routines. However, the final report to the Council should be received by the Council no later than February 1, 2012 so the recommendations contained therein can be considered by the Council as it prepares the budget for Fiscal Year 2013.

The Mayor has requested that each member of the City Council appoint two constituents to this Task Force, preferably from the ward which they represent in an effort to maintain the geographic diversity of the group. The Mayor will appoint one resident from each ward; a Mayoral liaison to the task force; a task force coordinator; and an additional expert in the field of social work who has professional experience in this area who has also expressed interest in working on this unique project.

The Mayoral liaison to the Task Force on Seniors & Youth will preside at the meetings of the group until such time as the task force members determine how to organize their work in a productive manner, at which time the members will decide on its leadership structure and could consider all Task Force members for the leadership positions established.

Appendix B: Youth Survey

Values

Are University City teens treated with respect by residents and city staff?

Are teens seen as assets in University City?

Age: (please check one)

() 13-15 () 16-17 () 18-20 () 21-25

Race/ethnicity: Black/ African-American Asian White

Hispanic (Other): _____

University City Residence: _____

(Street Address)

(Official use only) How did the community score?:

Page 1
Subtotal

Page 2
Subtotal

Page 3
Subtotal

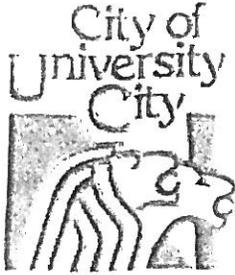
TOTAL

Divide tot. by # quest.

COMM Avg. score

Yes	No	U
3	2	1
3	2	1

Appendix C: Senior Survey



Mayor's Task Force on Seniors & Youth
6801 Delmar Boulevard, University City, MO 63130-3104

To determine the needs of the senior population in University City, Mayor Shelley Welsch has created a task force to identify resources and unmet needs for seniors in University City. Your help is needed and will be greatly appreciated in completing the following survey. The survey may be completed individually or in a group setting. If you would like to complete the survey with a group of friends or neighbors, please let us know.

If you have questions, please call the Mayor's office at 505-8606 or call one of the following task force members:

Abbie Carter 727-2108

Shirley Soule 692-2156

The survey will be available at many venues throughout University City and will soon be available on the City's website at www.ucitymo.org. You can drop off your completed survey at one of the following locations:

Centennial Commons, 7210 Olive Blvd;
University City Public Library, 6701 Delmar;
University City Hall, 6801 Delmar; Second floor, Mayor's office; and
McNair Administration Building, 8136 Groby Rd.

Completed surveys can also be mailed to the Mayor's Task Force on Seniors & Youth at the address noted at the top of this letter.

Please return this survey at your
earliest convenience.

Is My Community Senior Friendly?

Instructions: Please circle the letter the best reflects your answer to each question.

		Circle One		
		YES	NO	Undecided
Housing	1	Is housing safe & close to needed services?		
	2	Is there a variety of affordable housing options available?		
	3	Are senior apartments available?		
	4	Are assisted living facilities available?		
	5	Are quality nursing homes available?		
Transport	1	Can seniors get transportation whenever they want it?		
	2	Can seniors get transportation to medical appointments?		
	3	Is senior transportation handicapped accessible?		
	4	Is senior transportation affordable?		
Accessibility	1	Is there plenty of safe outdoor space?		
	2	Are there enough places to sit down in public areas?		
	3	Are streets and addresses well-marked?		
	4	Are stoplights timed to let seniors cross a street safely?		
	5	Are sidewalks wide and well-maintained?		
	6	Are curbs low and easily navigated?		
	7	Is there enough parking close to stores, churches, etc?		
	8	Is there sufficient and well-placed handicapped parking?		

	Y	N	U
1	A	B	C
2	A	B	C
3	A	B	C
4	A	B	C
5	A	B	C
6	A	B	C
7	A	B	C
8	A	B	C
9	A	B	C
10	A	B	C
1	A	B	C
2	A	B	C
3	A	B	C
1	A	B	C
2	A	B	C
3	A	B	C
4	A	B	C
5	A	B	C
6	A	B	C
1	A	B	C
2	A	B	C
3	A	B	C
4	A	B	C
5	A	B	C
6	A	B	C
1	A	B	C
2	A	B	C
3	A	B	C
4	A	B	C
5	A	B	C
6	A	B	C
7	A	B	C
1	A	B	C

Services

Work

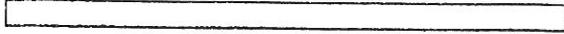
Shopping

Social/Cultural

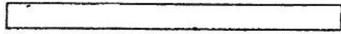
Values	Y	N	U
1 Are seniors treated with friendliness and respect?	A	B	C
2 Are seniors looked upon as assets in the community?	A	B	C
3 Does the community show an appreciation for local history?	A	B	C
4 Are opportunities for active civic involvement open to seniors?	A	B	C
5 Are the people of the community educated about the needs and strengths of seniors?	A	B	C
Total #			
Age: (please check one) () Male () Female () under 30 () 30-39 () 40-49 () 50-59 () 60-64 () 65-69 () 70-74 () 75-79 () 80-84 () 85-89 () 90+			
Race/ethnicity: ___ Black/ African-American ___ Asian ___ White ___ Hispanic (Other): _____			
University City Residence: _____ or _____ _____ (Enter Ward) _____ (Street Address)			
How would you like to be contacted by the City? _____ (US Mail) _____ (Phone) _____ (Email)			
Comments: _____			

Appendix D: Youth Survey Result Graphs

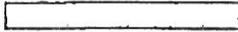
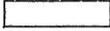
1. Do you feel that your housing is safe?

	Response Percent	Response Count
Yes 	91.5%	461
No <input type="checkbox"/>	3.6%	18
Undecided <input type="checkbox"/>	5.0%	25
answered question		504
skipped question		5

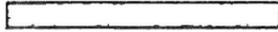
2. Do you feel that there is housing in University City near needed services?

	Response Percent	Response Count
Yes 	54.1%	272
No <input type="checkbox"/>	17.3%	87
Undecided <input type="checkbox"/>	28.6%	144
answered question		503
skipped question		6

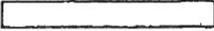
3. Are there homeless teens in University City?

	Response Percent	Response Count
Yes 	38.9%	196
No 	17.3%	87
Undecided 	43.8%	221
answered question		504
skipped question		5

4. Are there homeless families in University City?

	Response Percent	Response Count
Yes 	44.6%	224
No 	13.5%	68
Undecided 	41.8%	210
answered question		502
skipped question		7

5. Are families able to find safe housing?

	Response Percent	Response Count
Yes 	55.4%	277
No 	10.0%	50
Undecided 	34.6%	173
answered question		500
skipped question		9

6. Is there transitional housing available for teens (18-21) living on their own?

	Response Percent	Response Count
Yes <input type="checkbox"/>	47.6%	238
No <input type="checkbox"/>	14.4%	72
Undecided <input type="checkbox"/>	38.0%	190
answered question		500
skipped question		9

7. Are there gang turfs in University City?

	Response Percent	Response Count
Yes <input type="checkbox"/>	60.1%	301
No <input type="checkbox"/>	13.8%	69
Undecided <input type="checkbox"/>	26.1%	131
answered question		501
skipped question		8

8. Do you think the community should work together with teens to improve schools?

	Response Percent	Response Count
Yes <input type="checkbox"/>	90.2%	442
No <input type="checkbox"/>	4.9%	24
Undecided <input type="checkbox"/>	4.9%	24
answered question		490
skipped question		19

9. Do you know teens in University City who have dropped out of school?

	Response Percent	Response Count
Yes 	63.0%	310
No 	32.3%	159
Undecided 	4.7%	23
answered question		492
skipped question		17

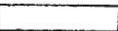
10. Do you believe that teens are suspended from school a lot?

	Response Percent	Response Count
Yes 	70.0%	343
No 	11.0%	54
Undecided 	19.0%	93
answered question		490
skipped question		19

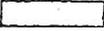
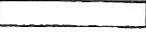
11. Do programs exist to help teens who have dropped out or been suspended?

	Response Percent	Response Count
Yes 	48.7%	239
No 	21.4%	105
Undecided 	29.9%	147
answered question		491
skipped question		18

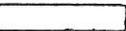
12. Do you think that teens have a voice that is listened to when adults are making decisions affecting them?

	Response Percent	Response Count
Yes 	30.8%	151
No 	49.7%	244
Undecided 	19.6%	96
answered question		491
skipped question		18

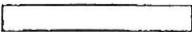
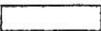
13. Do teens use resources available to them through schools to assist them in entering college or getting a job?

	Response Percent	Response Count
Yes 	59.5%	292
No 	16.7%	82
Undecided 	23.8%	117
answered question		491
skipped question		18

14. Are there adequate tutoring services for teens?

	Response Percent	Response Count
Yes 	61.6%	303
No 	17.9%	88
Undecided 	20.5%	101
answered question		492
skipped question		17

15. Do you know of teens participating in mentoring services in University City?

	Response Percent	Response Count
Yes 	52.8%	258
No 	31.1%	152
Undecided 	16.2%	79
answered question		489
skipped question		20

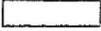
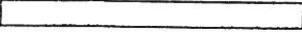
16. Are after-school educational opportunities available to University City teens?

	Response Percent	Response Count
Yes 	76.5%	372
No 	8.6%	42
Undecided 	14.8%	72
answered question		486
skipped question		23

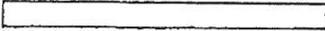
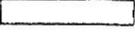
17. Are there educational opportunities available to University City teens during the summer?

	Response Percent	Response Count
Yes 	62.6%	306
No 	14.9%	73
Undecided 	22.5%	110
answered question		489
skipped question		20

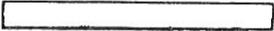
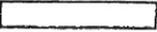
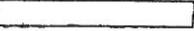
18. Is financial aid available for teens who need it to attend enrichment programs?

	Response Percent	Response Count
Yes 	34.7%	170
No 	15.9%	78
Undecided 	49.4%	242
answered question		490
skipped question		19

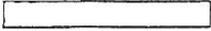
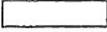
19. Do you know if a lot of teens in University City go on to college?

	Response Percent	Response Count
Yes 	52.4%	259
No 	21.3%	105
Undecided 	26.3%	130
answered question		494
skipped question		15

20. Do you think that teens want to focus on efforts to raise test scores?

	Response Percent	Response Count
Yes 	43.5%	214
No 	25.0%	123
Undecided 	31.5%	155
answered question		492
skipped question		17

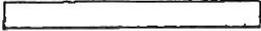
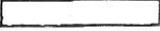
21. Do you think that teens are concerned about their health?

	Response Percent	Response Count
Yes 	49.2%	239
No 	34.0%	165
Undecided 	16.9%	82
answered question		486
skipped question		23

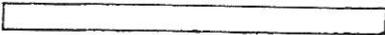
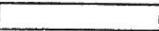
22. Do you believe that teens have weight issues in University City?

	Response Percent	Response Count
Yes 	57.5%	277
No 	22.0%	106
Undecided 	20.5%	99
answered question		482
skipped question		27

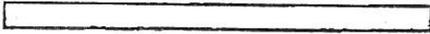
23. Does University City provide programming to encourage a healthy lifestyle among teens?

	Response Percent	Response Count
Yes 	41.4%	200
No 	33.3%	161
Undecided 	25.3%	122
answered question		483
skipped question		26

24. Are University City teens becoming pregnant a lot?

	Response Percent	Response Count
Yes 	62.2%	301
No 	12.0%	58
Undecided 	25.8%	125
answered question		484
skipped question		25

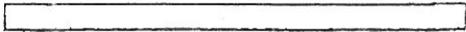
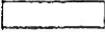
25. Are a lot of University City teens smoking?

	Response Percent	Response Count
Yes 	68.9%	332
No 	8.5%	41
Undecided 	22.6%	109
answered question		482
skipped question		27

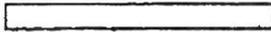
26. Are a lot of University City teens using drugs?

	Response Percent	Response Count
Yes 	60.3%	293
No 	10.3%	50
Undecided 	29.4%	143
answered question		486
skipped question		23

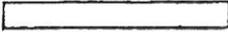
27. Are there teens who are receiving or need free or reduced lunches in University City?

	Response Percent	Response Count
Yes 	76.3%	367
No 	7.3%	35
Undecided 	16.4%	79
answered question		481
skipped question		28

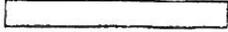
28. Are there any programs to discourage smoking and other unhealthy lifestyle choices?

	Response Percent	Response Count
Yes 	44.1%	213
No 	29.6%	143
Undecided 	26.3%	127
answered question		483
skipped question		26

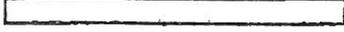
29. Is there a city-wide effort to encourage regular exercise by University City teens?

	Response Percent	Response Count
Yes 	29.6%	143
No 	36.6%	177
Undecided 	33.7%	163
answered question		483
skipped question		26

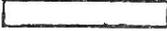
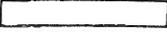
30. Do teens in University City exercise regularly?

	Response Percent	Response Count
Yes 	27.1%	131
No 	35.7%	173
Undecided 	37.2%	180
answered question		484
skipped question		25

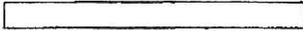
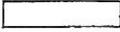
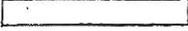
31. Are there teens who are hungry in the community?

	Response Percent	Response Count
Yes 	54.8%	264
No 	10.8%	52
Undecided 	34.4%	166
answered question		482
skipped question		27

32. Is healthy, nutritious food available for teens who need it?

	Response Percent	Response Count
Yes 	47.2%	230
No 	26.3%	128
Undecided 	26.5%	129
answered question		487
skipped question		22

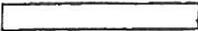
33. Are there places in University City where teens can seek and receive medical treatment?

	Response Percent	Response Count
Yes 	49.7%	240
No 	19.5%	94
Undecided 	30.8%	149
	answered question	483
	skipped question	26

34. Are there sufficient employment opportunities in University City for teens?

	Response Percent	Response Count
Yes 	39.9%	191
No 	34.0%	163
Undecided 	26.1%	125
	answered question	479
	skipped question	30

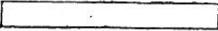
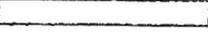
35. Do training programs exist to help teens prepare for the job market?

	Response Percent	Response Count
Yes 	41.2%	197
No 	32.0%	153
Undecided 	26.8%	128
	answered question	478
	skipped question	31

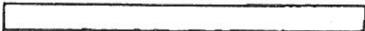
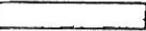
36. Are there agencies/organizations to help teens find jobs?

	Response Percent	Response Count
Yes 	39.3%	189
No 	31.0%	149
Undecided 	29.7%	143
answered question		481
skipped question		28

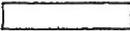
37. Are local businesses encouraged to hire University City teens?

	Response Percent	Response Count
Yes 	32.0%	154
No 	34.6%	167
Undecided 	33.4%	161
answered question		482
skipped question		27

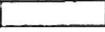
38. Are University City teens encouraged to volunteer in the community?

	Response Percent	Response Count
Yes 	57.9%	279
No 	18.7%	90
Undecided 	23.4%	113
answered question		482
skipped question		27

39. Are there places for teens to socialize in the community?

	Response Percent	Response Count
Yes 	70.5%	339
No 	21.0%	101
Undecided 	8.5%	41
answered question		481
skipped question		28

40. Do you think that the Delmar Loop is a good place for teens to hang out?

	Response Percent	Response Count
Yes 	71.2%	343
No 	16.8%	81
Undecided 	12.0%	58
answered question		482
skipped question		27

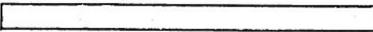
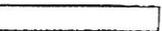
41. Should the curfew for the Delmar Loop be changed from 9 PM to 6 PM?

	Response Percent	Response Count
Yes 	14.7%	71
No 	75.1%	362
Undecided 	10.2%	49
answered question		482
skipped question		27

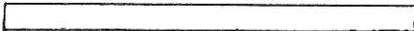
42. Are teens from outside University City causing most of the problems in the Delmar Loop?

	Response Percent	Response Count
Yes 	57.1%	276
No 	17.4%	84
Undecided 	25.5%	123
answered question		483
skipped question		26

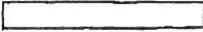
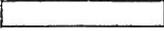
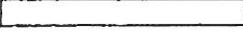
43. Do teens from public and private school hang out together?

	Response Percent	Response Count
Yes 	60.7%	293
No 	13.5%	65
Undecided 	25.9%	125
answered question		483
skipped question		26

44. Do University City teens from various backgrounds get together?

	Response Percent	Response Count
Yes 	66.0%	315
No 	11.9%	57
Undecided 	22.0%	105
answered question		477
skipped question		32

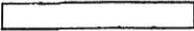
45. Do University City teens interact well with senior-citizens?

	Response Percent	Response Count
Yes 	33.3%	160
No 	26.8%	129
Undecided 	39.9%	192
answered question		481
skipped question		28

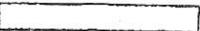
46. Do teens feel welcomed in University City businesses?

	Response Percent	Response Count
Yes 	37.7%	180
No 	28.1%	134
Undecided 	34.2%	163
answered question		477
skipped question		32

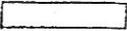
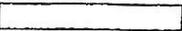
47. Are teens with special needs welcomed by other teens in University City?

	Response Percent	Response Count
Yes 	52.2%	250
No 	16.9%	81
Undecided 	30.9%	148
answered question		479
skipped question		30

48. Is there sufficient programming/support for teens with special needs?

	Response Percent	Response Count
Yes 	52.3%	251
No 	15.4%	74
Undecided 	32.3%	155
answered question		480
skipped question		29

49. Do you think that teens enjoy living in University City over other parts of the St. Louis area?

	Response Percent	Response Count
Yes 	50.6%	244
No 	19.9%	96
Undecided 	29.5%	142
answered question		482
skipped question		27

50. Are University City teens treated with respect by residents and city staff?

	Response Percent	Response Count
Yes 	37.8%	184
No 	32.9%	160
Undecided 	29.4%	143
answered question		487
skipped question		22

51. Are teens seen as assets in University City?

	Response Percent	Response Count
Yes	34.6%	167
No	24.8%	120
Undecided	40.6%	196
answered question		483
skipped question		26

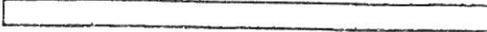
52. Age

	Response Percent	Response Count
13-15	38.3%	185
16-17	37.3%	180
18-20	18.8%	91
21-25	5.6%	27
answered question		483
skipped question		26

53. Gender

	Response Percent	Response Count
Male	56.4%	273
Female	43.6%	211
answered question		484
skipped question		25

54. Race/Ethnicity

	Response Percent	Response Count
Black/African-American 	79.0%	377
Asian <input type="checkbox"/>	2.1%	10
White 	16.8%	80
Hispanic <input type="checkbox"/>	2.9%	14
Other 	9.2%	44
	answered question	477
	skipped question	32

55. Name & University City Residence (Street Address)for Prize Entry

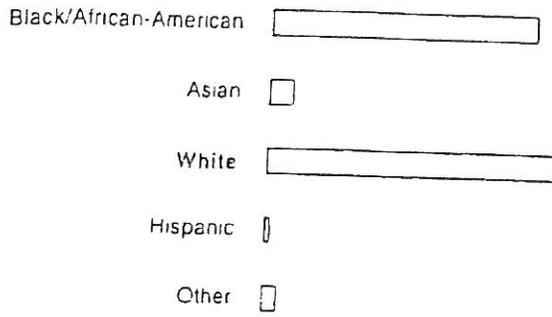
	Response Count
	387
answered question	387
skipped question	122

Appendix E: Senior Survey Result Graphs

University City Senior Task Force Survey

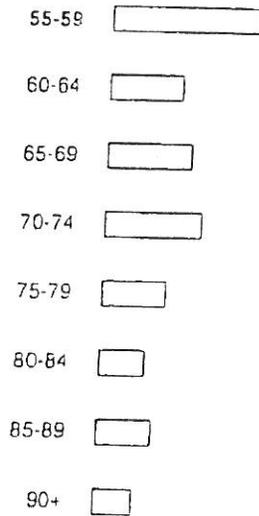
SurveyMonkey

1. Race/Ethnicity



	Response Percent	Response Count
answered question		366
skipped question		0

2. Age (please check one)



	Response Percent	Response Count
answered question		368
skipped question		0

3. What Ward do you live in?

	Response Percent	Response Count
Ward 1 <input type="checkbox"/>	15.7%	37
Ward 2 <input type="checkbox"/>	41.3%	97
Ward 3 <input type="checkbox"/>	43.0%	101
answered question		235
skipped question		133

4. Street Address

	Response Count
	196
answered question	196
skipped question	172

5. Is there a variety of affordable housing options available?

	Response Percent	Response Count
Yes <input type="checkbox"/>	63.4%	227
No <input type="checkbox"/>	10.9%	39
Undecided <input type="checkbox"/>	25.7%	92
answered question		358
skipped question		10

6. Is housing safe & close to needed services?

	Response Percent	Response Count
Yes	48.2%	173
No	17.3%	62
Undecided	34.5%	124
answered question		359
skipped question		5

7. Are senior apartments available?

	Response Percent	Response Count
Yes	51.4%	183
No	12.9%	46
Undecided	35.7%	127
answered question		356
skipped question		12

8. Are assisted living facilities available?

	Response Percent	Response Count
Yes	53.1%	189
No	14.0%	50
Undecided	32.9%	117
answered question		356
skipped question		12

9. Are quality nursing homes available?

	Response Percent	Response Count
Yes <input type="checkbox"/>	38.4%	137
No <input type="checkbox"/>	18.5%	66
Undecided <input type="checkbox"/>	43.1%	154
answered question		357
skipped question		11

10. Can seniors get transportation whenever they want it?

	Response Percent	Response Count
Yes <input type="checkbox"/>	41.2%	145
No <input type="checkbox"/>	25.9%	91
Undecided <input type="checkbox"/>	33.0%	116
answered question		352
skipped question		16

11. Can seniors get transportation to medical appointments?

	Response Percent	Response Count
Yes <input type="checkbox"/>	56.8%	200
No <input type="checkbox"/>	15.1%	53
Undecided <input type="checkbox"/>	28.1%	99
answered question		352
skipped question		16

12. Is senior transportation handicapped accessible?

	Response Percent	Response Count
Yes	52.1%	184
No	11.6%	41
Undecided	36.3%	128
answered question		353
skipped question		15

13. Is senior transportation affordable?

	Response Percent	Response Count
Yes	36.0%	127
No	15.3%	54
Undecided	48.7%	172
answered question		353
skipped question		15

14. Is there plenty of safe outdoor space?

	Response Percent	Response Count
Yes	67.7%	239
No	13.3%	47
Undecided	19.0%	67
answered question		353
skipped question		15

15. Are there enough places to sit down in public areas?

	Response Percent	Response Count
Yes	52.1%	184
No	26.9%	95
Undecided	21.0%	74
answered question		353
skipped question		15

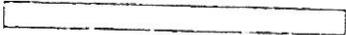
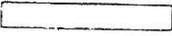
16. Are streets and addresses well-marked?

	Response Percent	Response Count
Yes	65.7%	232
No	22.1%	78
Undecided	12.2%	43
answered question		353
skipped question		15

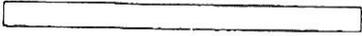
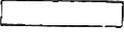
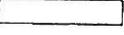
17. Are stoplights timed to let seniors cross a street safely?

	Response Percent	Response Count
Yes	43.9%	155
No	28.6%	101
Undecided	27.5%	97
answered question		353
skipped question		15

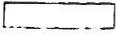
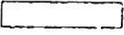
18. Are sidewalks wide and well-maintained?

	Response Percent	Response Count
Yes 	57.5%	203
No 	28.0%	99
Undecided 	14.4%	51
answered question		353
skipped question		15

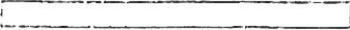
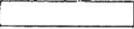
19. Are curbs low and easily navigated?

	Response Percent	Response Count
Yes 	60.3%	211
No 	19.7%	69
Undecided 	20.0%	70
answered question		350
skipped question		18

20. Is there enough parking close to stores, churches, etc?

	Response Percent	Response Count
Yes 	62.1%	218
No 	18.2%	64
Undecided 	19.7%	69
answered question		351
skipped question		17

21. Is there sufficient and well-placed handicapped parking?

	Response Percent	Response Count
Yes 	60.1%	212
No 	17.0%	60
Undecided 	22.9%	81
answered question		353
skipped question		15

22. Are information/referral services available and easily found?

	Response Percent	Response Count
Yes 	45.0%	158
No 	22.8%	80
Undecided 	32.2%	113
answered question		351
skipped question		17

23. Is there a hospital or clinic in the community?

	Response Percent	Response Count
Yes 	33.5%	118
No 	43.8%	154
Undecided 	22.7%	80
answered question		352
skipped question		16

24. Are affordable chore & handyman services available?

	Response Percent	Response Count
Yes	35.1%	123
No	27.4%	96
Undecided	37.4%	131
answered question		350
skipped question		18

25. Are group and home-delivered meals available?

	Response Percent	Response Count
Yes	57.2%	198
No	9.0%	31
Undecided	33.8%	117
answered question		346
skipped question		22

26. Are friendly visiting/phone call services available?

	Response Percent	Response Count
Yes	37.7%	130
No	15.4%	53
Undecided	47.0%	162
answered question		345
skipped question		23

27. Are in-home nursing services available?

	Response Percent	Response Count
Yes <input type="checkbox"/>	50.0%	174
No <input type="checkbox"/>	9.5%	33
Undecided <input type="checkbox"/>	40.5%	141
answered question		348
skipped question		20

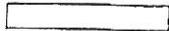
28. Are information and training services for caregivers available?

	Response Percent	Response Count
Yes <input type="checkbox"/>	32.0%	110
No <input type="checkbox"/>	15.1%	52
Undecided <input type="checkbox"/>	52.9%	182
answered question		344
skipped question		24

29. Is there any access to information on financial assistance?

	Response Percent	Response Count
Yes <input type="checkbox"/>	27.1%	91
No <input type="checkbox"/>	19.0%	64
Undecided <input type="checkbox"/>	53.9%	181
answered question		336
skipped question		32

30. Are caregiver respite services available?

	Response Percent	Response Count
Yes 	27.3%	96
No 	14.5%	51
Undecided 	58.2%	205
answered question		352
skipped question		16

31. Are caregiver support groups available?

	Response Percent	Response Count
Yes 	23.1%	81
No 	12.6%	44
Undecided 	64.3%	225
answered question		350
skipped question		18

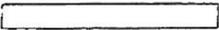
32. Are there appropriate job opportunities available for seniors?

	Response Percent	Response Count
Yes 	12.6%	44
No 	32.4%	113
Undecided 	55.0%	192
answered question		349
skipped question		19

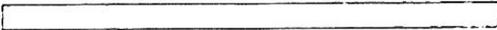
33. Are there volunteering opportunities for seniors?

	Response Percent	Response Count
Yes 	60.9%	213
No 	12.3%	43
Undecided 	26.9%	94
answered question		350
skipped question		18

34. Are there mentoring opportunities for seniors?

	Response Percent	Response Count
Yes 	36.6%	127
No 	14.7%	51
Undecided 	48.7%	169
answered question		347
skipped question		21

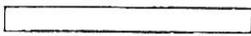
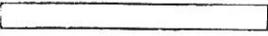
35. Is there an accessible grocery store nearby?

	Response Percent	Response Count
Yes 	84.3%	296
No 	7.7%	27
Undecided 	6.0%	28
answered question		351
skipped question		17

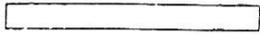
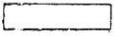
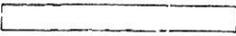
36. Is there a pharmacy nearby?

	Response Percent	Response Count
Yes 	86.3%	302
No 	6.3%	22
Undecided 	7.4%	26
answered question		350
skipped question		18

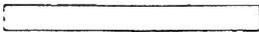
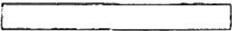
37. Are businesses responsive to the needs of seniors?

	Response Percent	Response Count
Yes 	42.0%	147
No 	12.9%	45
Undecided 	45.1%	158
answered question		350
skipped question		18

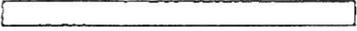
38. Is there home delivery of groceries, toiletries & drugs available?

	Response Percent	Response Count
Yes 	42.7%	150
No 	17.7%	62
Undecided 	39.6%	139
answered question		351
skipped question		17

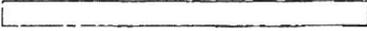
39. Are senior discounts available locally?

	Response Percent	Response Count
Yes 	44.4%	156
No 	16.0%	56
Undecided 	39.6%	139
answered question		351
skipped question		17

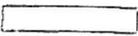
40. Are businesses handicapped accessible?

	Response Percent	Response Count
Yes 	60.6%	212
No 	8.0%	28
Undecided 	31.4%	110
answered question		350
skipped question		18

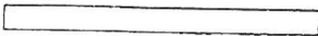
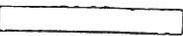
41. Are there affordable places for seniors to eat and socialize?

	Response Percent	Response Count
Yes 	62.5%	217
No 	15.3%	53
Undecided 	22.2%	77
answered question		347
skipped question		21

42. Do people of different ages socialize with each other in the community?

	Response Percent	Response Count
Yes 	45.5%	158
No 	22.2%	77
Undecided 	32.3%	112
answered question		347
skipped question		21

43. Are there affordable opportunities for education/lifelong learning for seniors?

	Response Percent	Response Count
Yes 	53.0%	185
No 	16.6%	58
Undecided 	30.4%	106
answered question		349
skipped question		19

44. Are there affordable cultural/social events that seniors can enjoy?

	Response Percent	Response Count
Yes 	59.7%	207
No 	14.4%	50
Undecided 	25.9%	90
answered question		347
skipped question		21

45. Are there opportunities for exercise and recreation in a safe environment?

	Response Percent	Response Count
Yes 	77.8%	270
No 	8.1%	28
Undecided 	14.1%	49
answered question		347
skipped question		21

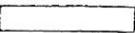
46. Are faith communities available?

	Response Percent	Response Count
Yes 	79.3%	276
No 	7.5%	26
Undecided 	13.2%	46
answered question		348
skipped question		20

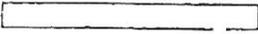
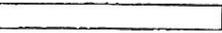
47. Is there an active senior center?

	Response Percent	Response Count
Yes 	60.9%	213
No 	11.1%	39
Undecided 	28.0%	98
answered question		350
skipped question		18

48. Are seniors treated with friendliness and respect?

	Response Percent	Response Count
Yes 	68.9%	241
No 	8.6%	30
Undecided 	22.6%	79
answered question		350
skipped question		18

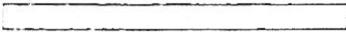
49. Are seniors looked upon as assets in the community?

	Response Percent	Response Count
Yes 	42.6%	149
No 	20.0%	70
Undecided 	37.4%	131
answered question		350
skipped question		18

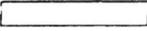
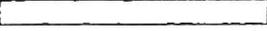
50. Does the community show an appreciation for local history?

	Response Percent	Response Count
Yes 	61.8%	215
No 	12.4%	43
Undecided 	25.9%	90
answered question		348
skipped question		20

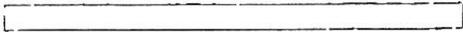
51. Are opportunities for active civic involvement open to seniors?

	Response Percent	Response Count
Yes 	59.1%	207
No 	8.6%	30
Undecided 	32.3%	113
answered question		350
skipped question		18

52. Are the people of the community educated about the needs and strengths of seniors?

	Response Percent	Response Count
Yes 	29.9%	104
No 	24.4%	85
Undecided 	45.7%	159
answered question		348
skipped question		20

53. How would you like to receive mail from University City?

	Response Percent	Response Count
US Mail 	78.2%	247
E-Mail 	15.5%	49
Phone 	6.3%	20
answered question		316
skipped question		52

Appendix F: County Youth Programs



Department Links
Homeless Services
Kathy J. Weinman
Shelter
Lakeside Center

Office of Family and
Community Services

- County Older
Resident Programs
- County Youth
Programs
- County Veterans
Program
- Locations

Workforce
Development

Contact Information

County Youth
Programs
St. Louis County
Government
121 South Meramec
Avenue
Clayton, MO 63105
Phone: (314) 615-4429
(314) 615-4429
Fax: (314) 615-7619
email:
OGreen@stlouisco.com

County Youth Programs

County Youth Programs (CYP), one of the three divisions in the Office of Family and Community Services, plans, develops, and provides service for children and youth. The Dropout Initiative (1998) has a multi-component program called Doors to Success (DTS) which impacts the youth population between the ages of 16 and 24 in areas where the rate of high school dropout is high. The comprehensive model includes outreach, case management, GED preparation, remedial education, job readiness and placement, life skills education and counseling.

The Summer Food Service Program for Children contributes to positive youth development by providing nutritious breakfasts and lunches at community sites for children ages 3 to 15. The Outstanding Student Leadership Program involves county high schools in identifying and recognizing seniors considered leaders in academics, athletics, and community service. To find out more about a particular program click on a link below.

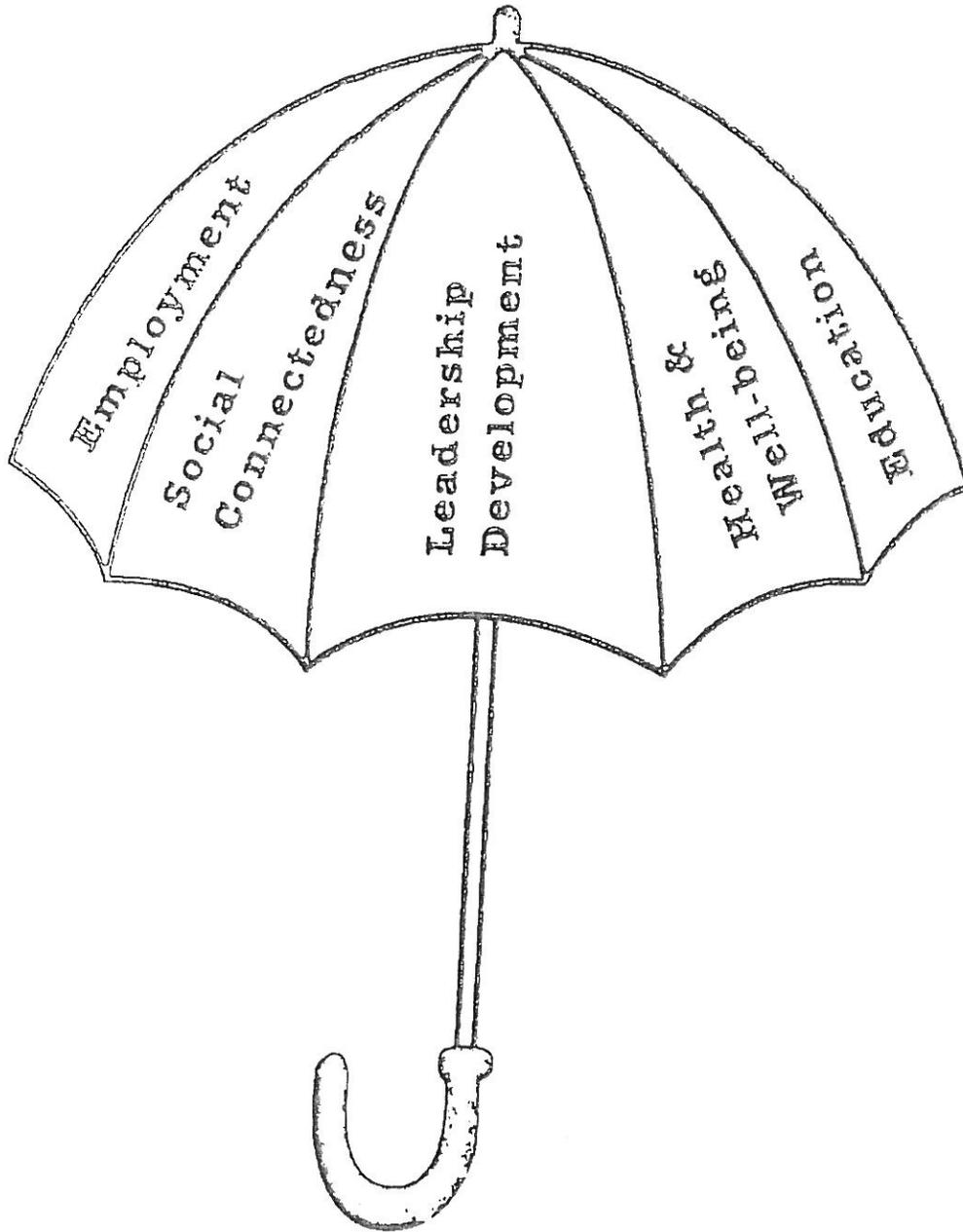
- [Doors to Success \(DTS\)](#)
- [Outstanding Student Leadership](#)
- [Summer Food Service](#)
- [2010 Youth Resource Directory](#)
- [Information & Referral](#)

Volunteers and contributions are welcome. For more information on how you can help please call 314-615-4429 314-615-4429 .

Appendix G: Regional Initiative on Youth & Updates

Regional Initiative on Youth

Raising a population of young people well-prepared to succeed as adults



TO: Regional Initiative on Youth Supporters
FROM: Mayor Shelley Welsch
DATE: October 4, 2011
RE: Moving forward

Earlier this year I was able to begin work on an initiative that has long been on my wish list, an effort to bring together interested parties from around the St. Louis region to work collaboratively to improve conditions for the youth of the St. Louis metropolitan area. My goal was and is to encourage the governments of the St. Louis region to work together across municipal boundaries, in the same way our younger residents regularly move across municipal boundaries. I hope to encourage non-profit organizations and others who are already working with young people to think beyond the boundaries of their organizations and agencies and recognize the opportunities for collaboration that I know exist in this area, collaborative efforts that will be no way detract from the work they do or their organization's recognized place in St. Louis non-profit landscape.

Why do I think this is important?

For the St. Louis region to move forward in a positive way in the coming generations; for employment to grow; for the region to be seen as a desirable place to live; to attract new residents; for our region to use its wealth in the most efficient way possible, we must work to ensure that the young people of our community, the next generation of leaders, is being prepared to take this leadership role.

I strongly believe that regional leaders, working with interested volunteers from throughout the metropolitan area, must work to develop a vision on how we can nurture our future leaders; how to ensure they are being provided with the education needed to succeed; how to make sure they are safe and healthy; how to provide recreational and other opportunities that provide them with the ability to develop the social skills necessary to become long-term productive members of society. These challenges cannot be met by a focus on localized efforts in each of the 92 municipalities in St. Louis City and County, and the additional communities in the entire metropolitan statistical area. We must see this as a regional priority, and so must plan and implement on a regional basis.

My Regional Initiative on Youth is a first-step in that direction.

I am providing this document to gain feedback from those who have already expressed interest in and have committed to working on the Regional Initiative on Youth, which was kicked-off on July 12, 2011. I also welcome feedback from those who were not in attendance but who have since expressed interest in this effort.

Noted below is a detailing of my plan for moving my Regional Initiative on Youth forward to become a true regional effort. My hope is that by taking the steps outlined below I can move our collective efforts to the needed next step. This will be where we involve the municipal governing bodies. It will also be where we bring in the agencies and organizations that can help focus the ideas and suggestions gathered at a the grassroots level, and will have the expertise,

political clout and financing to help formalize a regional approach to working with the youth of the St. Louis metropolitan region.

Please note that much of what is noted below would happen after I establish an interim Executive Committee, and many of the items I am suggesting would, in fact, be implemented with the agreement of and at the direction of this committee.

1. Establish a timeframe to do my personal outreach to other elected officials as well as those already involved in serving youth in the St. Louis region. Share my vision for the Regional Initiative on Youth; the progress to date of the effort; request their feedback; and invite them to become part of this regional effort.
2. Establish an interim Executive Committee which can be an "official" voice for this effort until a more formal structure is established. This interim Executive Committee would involve some of the supporters already involved in the effort; some youth representatives; representatives of municipal governments; and representatives of the non-profit community.
3. Based on input/feedback/direction of the interim Executive Committee come up with name for this effort and start to brand this effort within the larger community.
4. Have the interim Executive Committee communicate with the City of St. Louis and all metro counties to share details on effort and formally request they appoint appropriate staff member to serve on a strategic planning group for the regional effort for youth. Also communicate with all municipalities to update them on effort, and let them know we will be looking for municipal presence on strategic planning group and regional board in the future.
5. At the direction of the interim Executive Committee consider proceeding on the following items:
 - Set up a regional board of municipalities, counties, non-profits that would oversee any regional effort that is organized. This would include a formalized method of communicating with youth board that would be incorporated into design.
 - Set up a youth board to provide an on-going youth voice into the process. Plans of youth board would be vetted by the regional board. This would include a formalized method of communicating with regional board that would be incorporated into design. Youth would have a vote on recommendations/plans of the regional board.
 - Survey the current conditions of youth in the St. Louis region. Where do the young people of our region stand now? Education levels? Health? Employment? Based on this research what outcome are we trying to attain? How will we know success? Build collaborative partnerships with individuals, institutions and school districts that can be long-term partners to gather/analyze data. NOTE: Funds will be needed to do this research. (Consider the Ready by 21 approach? <http://forumfyi.org/readyby21>)
 - With the input and support of the interim Executive Committee, appoint a strategic planning group. This group should include professional social workers; reps from the City of St. Louis, St. Louis County and other metro counties; non-profit social service organizations, some municipalities (representative in size,

diversity etc.) some school district representatives; reps from the local Children's Service Funds. Encourage members of the wider community to self-nominate. Plan should be a sustainable one that will focus on the long-term, and include provisions for regular updating and upgrading as well as bringing new partners into the process as they arise and the plan evolves. Also encourage a complete, well-rounded approach including study of:

- Recreational and social opportunities
- Job training, support, employment
- Health services – mental and physical. Wellness
- Education
- Transportation and mobility throughout region
- Behavioral and social skills
- Leadership and communication training/learning opportunities

Set deadline for presenting a Youth Master Plan (which may be called something else) to the community. Work with local political entities to have them formally accept and commit to the plan.

- Formally establish separate non-profit organization or other organizational structure that could receive grant funds now and in the future.
6. Proceed with some already-noted "quick wins" to gain community recognition and support while the steps outlined above are being implemented. These can include:
- Youth Town Hall meetings
 - Bill of Rights for St. Louis Metro youth
 - Website
 - Resource mapping: Who is doing what already in the region?
 - Regional youth centers – partnering with already-established facilities? How can agencies spread their reach to be established around the region. (Co-location?)
 - The Big Return

These efforts would be volunteer-driven, working under aegis of the interim Executive Committee, which would be advised (upon its establishment) of the work that has been underway since the Regional Initiative on Youth began in July of 2011.

7. Recruit volunteers with development and fund raising experience to work with the interim Executive Committee to search for funds for this effort, including seed money for immediate use.

Please feel free to share your ideas and comments. I appreciate the input. You can send me your thoughts at mayor@ucitymo.org.

Mayor Shelley Welsch
City of University City
mayor@ucitymo.org
314-505-8606

Subject:UPDATE: Regional Initiative on Youth
Date:Wed, 26 Oct 2011 12:09:34 -0500
From:Shelley Welsch <Mayor@ucitymo.org>

Hi everyone,

I wanted to provide you with a short update on the work of the Regional Initiative on Youth.

As you may remember, we held the second big meeting of the Regional Initiative on Youth on Tuesday, October 4th. We had a good crowd – with some new people. I appreciate everyone attending because there was a ballgame going on that night and I know some baseball lovers chose the meeting instead of the game for an early part of the evening.

I have, again, attached as a WORD document my Outline for Progress in moving forward on this Initiative. Right now the ball is in my court to reach out to other mayors, public officials and leaders of organizations already working with young people to work with me on the Interim Executive Committee I mention in the attached document. I am working on my game plan/schedule at this time. My challenge is that I am doing this around my other responsibilities and things are not always happening at the speed I would like. I hope you will keep that in mind, and remain committed to this effort as we move forward.

As mentioned before, we have three subcommittees that are currently working, and are adding members to those subcommittees as interest in expressed. If you would like to work on one or more of these groups please let me know and I will get your name/contact info to the leaders of each. They will then follow-up with you.

The three subcommittees are:

Best Practices Subcommittee

The Best Practices Subcommittee will research programs, policies and efforts from around the country (and world?) that target young people. This committee will review these efforts and will make recommendations on what program/s might work well in the St. Louis metropolitan region. This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Resource Mapping and Website Subcommittee:

The Resource Mapping & Website Subcommittee will gather information on all the programs, services, opportunities available for young people in the St. Louis metropolitan region. The subcommittee will also work to develop a website for the Regional Initiative. The information gathered will be available on the website of the University City Public Library as well as the Initiative website. This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Youth Outreach

The Youth Outreach Subcommittee will work to develop ways to get input from youth from throughout the St. Louis region so their ideas/input can be part of the conversation as we work to establish and expand the Regional Initiative on Youth. This subcommittee may be involved in working on a Bill of

Rights for young people in the St. Louis metropolitan area (similar to what has been done in Portland, Oregon). This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Please let me know if you would like to be involved in the work of any of these subcommittees.

Following is an update I have received from the Resource Mapping and Website Subcommittee. If you have items that you think should be included in a resource directory (and I know there is much from around the community that should be included) please let Annie Fuller know at afuller@ucpl.lib.mo.us. And if you have expertise in designing/maintaining websites, and would like to work with this subcommittee on developing a website for this effort, let her know that, too. The resource information found on the WIKI would also be available on an Initiative website (at least that is what has been discussed in the past.)

Resource Mapping and Website Subcommittee: Annie Fuller, U City Public Library

We are making good progress on collecting information on resources available nearby. We have successfully set up a wiki where committee members can add information about local resources, and where that information can be freely available. The site is broken up into several categories, and is searchable, so users can look for specific resources, or browse broader categories. You can take a look at it here: <http://stlyouthdirectory.pbworks.com/>

We have held one large training session for the whole committee, and I have conducted additional one-on-one training for individual members who have questions. We have also created an instructional document to help troubleshoot any questions that may arise. Additionally, we have divided up the resources we need to add by category, so that members are working with resources with which they are already familiar, ensuring we have accurate information on file. So far, Kelly Sullivan, Kendra Elliott, Liz Hoester, Patrick Wall, and Marilyn Phillips have been trained on how to use and update the site, and I remain available to do additional training as needed.

Annie Fuller
Head of Reference
University City Public Library
6701 Delmar Blvd
University City, MO 63130
314-727-3150

I will pass on updates from the Youth Outreach and Best Practices Subcommittees when I have them.

Again, I ask for your continued support for this Regional Initiative on Youth effort; your patience as I take the next steps I need to take; and your input/suggestions/ideas as often as you would like to share them.

A few notes:

There is a chance I may have a practicum student who would work with me as I move forward on this effort. That would be extremely helpful and I hope it can happen. In addition – I may have a Coro Fellow who would be working with me for the four weeks of his/her tenure.

The Yahoo Group for this effort was not too enticing to lots of people and the number of people who wanted to be on the group, and get everyone's e-mails, was small. So, I am communicating via my own group lists. If you have an idea as to how I might do this type of communication in a better fashion, please let me know. Also, let me know if you have any friends/colleagues/neighbors who would like to be kept apprised of the work of the Regional Initiative on Youth. Contact me at mayor@ucitymo.org and I will add their addresses to my lists.

Ciao.

Mayor Shelley Welsch
City of University City
6801 Delmar Boulevard
University City, MO 63130-4304
W: 314-505-8606
H: 314-727-6852
Cell: 314-387-3453
E-mail: mayor@ucitymo.org

From: Shelley Welsch [mailto:Mayor@ucitymo.org]
Sent: Friday, January 13, 2012 4:50 PM
Subject: Regional Initiative on Youth UPDATE
Importance: High

Hi,

I wanted to give everyone a very brief update on my efforts on the Regional Initiative on Youth.

I have been interviewing potential members of an Interim Executive Committee for the Regional Initiative on Youth. So far response has been good, with all twelve people with whom I've spoken agreeing to be part of this effort. I will continue interviews later this month, after I return from an out of town trip. I will share info on this committee when the members' list has been formalized.

As mentioned before, we have three subcommittees that are currently working, and are adding members to those subcommittees as interest in expressed. If you would like to work on one or more of these groups please let me know and I will get your name/contact info to the leaders of each. They will then follow-up with you.

The three subcommittees are:

Best Practices Subcommittee

The Best Practices Subcommittee is researching programs, policies and efforts from around the country (and world?) that target young people. This committee will review these efforts and will make recommendations on what program/s might work well in the St. Louis metropolitan region. This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Resource Mapping and Website Subcommittee

The Resource Mapping & Website Subcommittee is gathering information on all the programs, services, opportunities available for young people in the St. Louis metropolitan region. Earlier today I asked this subcommittee to expand its effort beyond the initial focus group of 13-21 to and expanded age range of 3-24. The subcommittee will also work to develop a website for the Regional Initiative. The information gathered will be available on the website of the University City Public Library as well as the Initiative website. This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Youth Outreach Subcommittee

The Youth Outreach Subcommittee is working to develop ways to get input from youth from throughout the St. Louis region so their ideas/input can be part of the conversation as we work to establish and expand the Regional Initiative on Youth. This subcommittee will update the Interim Executive Committee on its work when that Committee is established.

Please let me know if you would like to be involved in the work of any of these subcommittees.

My hope is that the Interim Executive Committee will begin work in late February or early March and, perhaps, be in a position to come up with a roadmap on moving forward within six to nine months at

the latest. Again, I will share the list of the members of this committee as soon as this list has been finalized.

I would ask all of you to get involved in one or more of the subcommittees. In that manner, you would feel connected to this on-going effort as we proceed through some needed steps that are not as public as our initial grassroots outreach efforts.

We are making progress. It will take some time. Please remain committed, and please become involved.

Thanks.

Mayor Shelley Welsch
City of University City
6801 Delmar Boulevard
University City, MO 63130-4304
W: 314-505-8606
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E-mail: mayor@ucitymo.org

Regional Initiative on Youth
Interim Executive Board Meeting Agenda
Friday, March 9, 2012 • 7:30 a.m. – 9:00 a.m.
Washington University George Warren Brown School of Social Work
Goldfarb Hall, Room 132

- 1.) Call to order. (7:30 a.m.)

- 2.) Introductions. (7:32 a.m.)

- 3.) Discussion/decision on meetings protocol – Robert’s Rules? (7:40 a.m)

- 4.) Discussion of Regional Initiative on Youth Introduction document. (7:45 a.m.)
 - Is there a general consensus to proceed based on this idea?

- 5.) Discussion/decision on chosen focus region for regional effort. (8:10 a.m.)
 - Selected data for eight-county region – for review as part of discussion

- 6.) Discussion/decision on age group focus: “cradle to career” or other focus? (8:20 a.m)

- 7.) Other business.
 - Pathways to Prosperity – Stan Shoun (8:35 a.m.)
 - Gallup Project Definition Chart – Dave Hilliard (8:40 a.m.)
 - STL Regional Report Card on College Access – Dave Hilliard (8:45 a.m.)
 - Discussion of best days/time for future meetings – Melissa Martin (8:50 a.m.)

- 8.) General preview of next meeting – Tentative Agenda. (8:55 a.m.)

- 9.) Adjournment. (9:00 a.m.)

The next meeting of the Interim Executive Board will be held:
TENTATIVE DATE
Friday, April 20, 2012
Time and location TBA.

Regional Initiative on Youth
Interim Executive Board
(Updated: March 1, 2012)

Adrian Bracy

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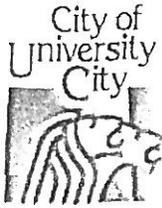
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MEMORANDUM

TO: Youth in the Loop Forum Participants
Lehman Walker, City Manager

FROM: Brandon Drake, Administrative Analyst

DATE: September 28, 2011

SUBJECT: Youth in the Loop Forum

On August 3, 2011 the City hosted a "Youth in the Loop Forum" at the Heman Park Community Center. Staff from various City departments attended the forum. Stakeholders such as Metro, Epworth, Citizens for Modern Transit, Herbert Hoover and others attended the forum. The purpose of the forum was to get a clear understanding on the issues facing youth in University City.

The forum followed a focus group format. The five groups were asked a series of questions. A summary of questions and the responses are listed below.

In your opinion, what are the needs of youth in University City?

- More after school activities.
- University City youth feel unwelcome in the Loop.

Do youth have adequate transit options? Should a youth pass be made available?

- All of the groups reported that transit needs are inadequate for youth.
- Concern was also discussed about youth being cited for nonpayment on Metro Link.
- Groups would like to see a youth pass of some sort be made available.
- Representatives from Metro explained that funding is a barrier to a youth pass.

In your opinion, what programs should be implemented in the short term?

- Parks & Recreation should lower their membership prices to encourage youth to use the facilities.
- Create an armband system for youth in the loop at curfew. This would reduce the occurrence of Police asking the same youth for identification multiple times in a given night.

- Open field time at Washington University.
- Youth offer suggestions to the Arts & Letters commission for more youth friendly programs.

In your opinion, what programs should be implemented in the long term?

- Start a teen group center, possibly at Delmar Harvard.
- Get youth input on the activities that should be at the center.
- Host more sports related events.
- More job programs and other similar opportunities for youth.
- The University City School District should offer enrichment programs.

What misconceptions or perceptions about youth persist that are barriers to progress?

- The misconception that University City youth are causing problems at the Loop.
- Racial stereotyping and quick judgments based on appearance are a problem.

How can youth be communicated with more effectively?

- Utilize more social media (facebook and twitter).

Would a youth center be practical?

- All groups responded that a center would be practical and is needed.
- The center should also provide tutoring, counseling, educational services, and career training.

Where should a youth center be located? Who should operate it?

- The youth center should be located close to the Loop, possibly at Delmar Harvard.
- Explore upgrading the Heman Park Community Center or Centennial Commons.
- The center could be staffed by Washington University, St. Louis University, and University of Missouri practicum students.
- The center should be run by a diverse set of organizations including: University City, University City School District, United Way, The Wyman Center, Youth in Need, Epworth, Metro, Herbert Hoover Boys and Girls Club, etc.

Summary

The forum concluded that there are issues affecting University City youth that should be addressed. The City along with other stakeholders will need to collectively explore various options to address these issues. Funding is a critical component that will need to be addressed by all of the stakeholders.